

## About

Recent graduate from the University of Mary with a bachelor's degree in social studies education and history. The excitement for history led me to pursue it as a career. I look forward to sharing this passion with others and help them connect the subject to their own lives.

## Education

## Bachelor of Science in Social Studies Education

University of Mary 2019 - 2023

### **High School Diploma**

Aberdeen Roncalli High School 2013 – 2019

### Honors

2023 Residence Assistant of the Year 2 Roncalli, Lady Cavalier Awards National Honors Society

## Skills

- Organization
- Leadership
- Teamwork
- Conflict Resolution
- Willingness to Learn

# MEREDITH FRIEDRICHSEN

## **Professional Experience**

### **Student Teaching Experience**

Bismarck High School / Bismarck, ND

Spring 2023

- Developed and implemented multiple original lessons plans that engaged students in new content through critical thinking and application. Engaged students through the use of relevant technology.
- Learned and incorporated strategies for redirecting off-task students and assisted in managing classroom behavior.

## Work History

### Softball Coach

Aberdeen Parks, Recreation and Forestry / Aberdeen, SD

2018 - Present

• Acquired a variety of leadership skills through coaching softball and tee ball. Led a youth softball team to a league championship. Taught kids what it means to be a leader and a collaborator.

### **Residence Assistant**

Residence Life / University of Mary

2020 - 2023

- Inherited leadership and organizational skills through planning and putting on different programs and events for the residents' halls.
- Helped to created community within the residents' halls. Learned to manage stressful situations in a calm and professional manner.